

KENYA PACKING LIST

TRAVEL NECESSITIES	
ITEM	NOTES
Passport	<i>Verify that it will not expire within 6 months of your departure/return</i>
3 color copies of passport and 1 copy of health insurance card	<i>Leave a passport copy with a family member in the US, a copy with your team leader, and carry one copy with you</i>
\$50 per person	<i>Entrance fee/visa tax</i>
Spending money	<i>\$50-100 suggested for souvenirs. Bring large bills (<\$50) for a better exchange rate.</i>
CLOTHING & TOILETRIES	
<i>Pack liquids in a plastic bag</i>	
Jeans/Shorts/Capris	<i>Please keep shorts length at or below the knee.</i>
T-shirts/tank tops	<i>Please make sure slogans/imprints are wholesome; No spaghetti straps; Ladies, keep your shoulders covered during church-related events.</i>
Sweatshirt, sweater or jacket	<i>It's usually chilly at night & on safari</i>
Clothes for church	<i>Men- button down, collared shirt with khakis Women- Skirt (that covers your knees) & short-sleeve top</i>
Tennis shoes or Toms	<i>For everyday wear; comfortable for working/walking</i>
Flip-flops	<i>To walk to bathroom/shower</i>
Undergarments, socks	<i>Enough for the number of days of your stay and a few extra</i>
Pajamas	<i>You'll probably have a roommate</i>
Swimsuit	<i>Women: One piece bathing suit Men: Swimming trunks Swimming pool at the hotel during safari</i>
Safari day clothes	<i>Comfortable walking shoes, pants, short sleeve shirt, jacket for morning ride</i>
Hair care	<i>Hairbrush/comb, shampoo, conditioner, etc. Keep in mind all heated styling tools must be used with a voltage converter in order to be compatible with the 220v.</i>
Teeth care	<i>Toothpaste, toothbrush, dental floss. Plan to use bottled water when brushing your teeth.</i>
Bathing/ Personal Hygiene	<i>Razor/shaver, bar soap, deodorant, feminine products, make-up</i>
Insect repellent	<i>Mosquito population dependent on region</i>

Personal medications	<i>Malaria prevention medication is recommended</i>
Hand wipes and/or sanitizer	<i>To carry around with you</i>
Lotion/Chapstick	<i>You'll probably want this on the long plane rides</i>
Bath towel/washcloth	<i>Bring a personal towel & washcloth to use while on the field; not recommended to use the towels provided by the hotel</i>
Pillowcase	<i>Are provided, but you may feel more comfortable using your own</i>
Blanket	<i>If wanted for sleeping or on the plane</i>
Sunscreen 50 SPF or higher	<i>Remember how close to the equator you are</i>
Earplugs	<i>For noisy roommates or neighbors</i>
Kleenex and/or toilet paper	<i>It's BYOTP (bring-your-own-TP) in Kenya</i>
EVERYTHING ELSE	
Bible, journal and pen	<i>For team and personal devotions</i>
Water bottles	<i>Especially important since we will be working outside. Bottled water is purchased in-country</i>
Camera, extra cards, batteries	<i>You'll want this on safari</i>
Backpack or small bag	<i>For carrying keys, camera, snacks, hand sanitizer, etc. during field work; small, foldable or used as carry-on</i>
Small flashlight	<i>For reading and for getting around at night</i>
Work gloves, safety glasses, tools	<i>If you are doing construction work/special projects</i>
Hat, sunglasses	<i>Especially since you will be working outside; sunglasses are also nice to keep the dust out of your eyes during in-country travel.</i>
Inexpensive watch/alarm	<i>Or cell phone- will still function on airplane mode</i>
Rain jacket	<i>Rains often in spring & summer</i>
Ziploc bags, garbage bags	<i>Handy for many things</i>
Outlet adapter(s)	<i>Kenya uses the British- BS 1363 socket; a single plug adapter or a power strip adapter is recommended. Chargers for cell phones & laptops convert the higher voltage automatically.</i>
Cell phone & charger	<i>A temporary international plan can be purchased from your carrier before departure or you can plan to use your phone on airplane mode while connected to wifi.</i>
Travel-size laundry detergent	<i>It's helpful to plan to wash underwear or socks halfway through.</i>

Snack bars, etc.	<i>To carry on the field. Be ready to share your snack with the locals if you plan to eat in front of them.</i>
Personal first aid kit	<i>Keep it small & minimal; team leader will carry an extensive kit</i>
TRAVEL COMFORTS <i>Things you may want on the plane...</i>	
Travel pillow	<i>Neck or square pillow; you'll want to be able to sleep</i>
Headphones	<i>Bring multiple sets. You'd hate to lose these. Sound-cancelling headphones are great to drown out noisy atmospheres.</i>
Book	<i>A kindle or iPad is a great way to bring more than one book</i>
Gum/Breath-freshener	<i>...that morning breath</i>
Small toiletries	<i>Carry in quart-size bag</i>
Portable charger	<i>That's a long time for your phone to play music</i>
Tylenol PM	<i>For when you want to sleep</i>
Snacks	<i>Meals served on international flights. For food allergies- to request special meals, use your traveler information to log on to the airline website at least 24 hours before departure</i>

